

St Patrick's CBC

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3 August 2020

Dear Parent/Guardian

COVID-19 AND OUR SCHOOL

COVID-19 is a relatively new virus. We know it is possible for people of any age to be infected with this virus, but thus far there have been relatively few cases of COVID-19 reported among children globally.

As with other respiratory infections like the flu or the common cold, preventative measures are critical in slowing down the rate and number of new COVID-19 infections.

What can you as parents do to help?

1. Monitor your child's health and keep them at home if they are not feeling well. They may continue with our online learning programme at any time.
2. Teach and model good hygiene practices for your children. Wash your hands frequently with soap and water. If soap and water are not available, use an alcohol-based hand sanitizer which has an alcohol content of at least 70%. If hands are visibly dirty, always wash them with soap and water.
3. Make sure that your child wear a fresh mask and outfit to school every day.
4. Cough and sneeze into a tissue or your elbow and avoid touching your face, eyes, mouth and nose.
5. Encourage your child(ren) to ask questions and express their feelings with you and their teachers. Keep the conversation age-appropriate. Remember that your child may have different reactions to stress. Be patient and understanding.
6. Prevent stigma by using facts and reminding children to be considerate of one another.
7. Support the school's safety efforts (especially the daily screening process). Complete the daily screening sheet accurately and honestly. It is in your family's best interest.
8. Ensure that clean drinking water is readily available.
9. Ensure that waste is safely collected, stored and disposed of.

Remember, you are welcome to contact me (0828787004 or jtredoux@stpatricks.co.za) or the Support Department (mzwiegers@stpatricks.co.za) at any time.

We are in this together, and we will get through this together.

Yours sincerely

Jacques Tredoux
EXECUTIVE HEAD